



IOWA-PCIT

Attachment Workshop for PCIT Therapists
December 2, 3, and 4, 2026

VIRTUAL

Beth Troutman, PhD, ABPP, ECMH-E®



IOWA-PCIT

Description of workshop: This workshop is designed for PCIT therapists interested in integrating behavioral and attachment-informed approaches when addressing problems in parent-child interactions. This three-day training explores how attachment theory and behaviorism conceptualize parent-child interactions. It will introduce PCIT therapists to research on attachment and research-based methods of assessing patterns of child-parent attachment. Participants will learn to recognize patterns of secure and insecure attachment and how to incorporate these observations into their PCIT coaching. Therapists who have completed training in PCIT-TF, PCIT International, or PCIT, Inc. protocols meet the criteria to be listed as IOWA-PCIT therapists after completing this workshop.

About the trainer: Beth Troutman, PhD, ABPP, ECMH-E® is an Emeritus Professor of Psychiatry at the University of Iowa Carver College of Medicine. Dr. Troutman's research on attachment, infant mental health, and PCIT has been published in peer-reviewed journals and presented at national and international meetings. She developed IOWA-PCIT, an approach that incorporates attachment theory into PCIT, and has trained hundreds of therapists in IOWA-PCIT. Her book, *Integrating Behaviorism and Attachment Theory in Parent Coaching*, published in 2015, reviews research on interventions based on attachment theory and behaviorism and how to integrate these approaches clinically. Her book, *Attachment-Informed Parent Coaching*, published in 2022, discusses how to tailor PCIT coaching based on child-caregiver pattern of attachment and caregiver's attachment state of mind. Her books have been translated into Korean and German.

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Registration fee: \$700 per person

Name:

Credential (e.g. LISW, LMHC, MSW, PhD, MD):

Organization:

Address:

City:

State:

Phone:

Email:

PCIT protocol trained in:

Name(s) of PCIT trainer(s):

Dates of PCIT training:

Mail registration and check to:

IOWA-PCIT, LLC

415 5th St.

Coralville, IA 52241